Maigh Eo

Mayo

Keep this by the phone

112 or 999

112 and 999 are free from any phone. Say where you are. Give your Eircode if you have one.

Power, gas and water

ESB Networks	**1800 372 999**
Gas Networks Ireland	**1800 20 50 50**
Uisce Éireann	**1800 278 278**

Walk-in services without a phone number: see prepared.ie/mayo

Council

Mayo County Council	**094 9064000**

Hospital emergency departments

Mayo University Hospital	**094 9042379**

Out-of-hours GP

Westdoc	**0818 360000**

Gardaí

Castlebar	**094 9038211** **094 9038200**
Castlebar	**094 9038200**
Ballina	**096 20560**
Westport	**098 50230**

Walk-in services without a phone number: see prepared.ie/mayo

Other health services

Roscommon Injury Unit	**090 6632212**

Walk-in services without a phone number: see prepared.ie/mayo

Community help

Mayo Civil Defence	**094 9064976**
Irish Red Cross	**01 642 4600**

First five power-cut jobs

- ☐ Find your torch.
- ☐ Check PowerCheck. If your outage is not on PowerCheck, report it to ESB Networks.
- ☐ Switch off appliances that could be dangerous when power returns.
- ☐ Leave one light switched on.
- ☐ Fridge and freezer shut.

Your own numbers

Neighbour

Relative

GP

Pharmacy

Electricity supplier

MPRN

Eircode

Medicines list kept at

Checked 28 October 2026 against official sources. Full list and sources: prepared.ie/mayo