An Longfort

Longford

Keep this by the phone

112 or 999

112 and 999 are free from any phone. Say where you are. Give your Eircode if you have one.

Power, gas and water

ESB Networks	**1800 372 999**
Gas Networks Ireland	**1800 20 50 50**
Uisce Éireann	**1800 278 278**

Walk-in services without a phone number: see prepared.ie/longford

Council

Longford County Council	**1800 211 525**

Hospital emergency departments

Regional Hospital Mullingar	**044 939 4121**

Out-of-hours GP

MIDOC Longford	**1800 302 702**

Gardaí

Castlebar	**094 903 8211** **094 903 8200**
Longford	**043 335 0570**
Granard	**043 668 7660**
Ballymahon	**090 643 2303**

Walk-in services without a phone number: see prepared.ie/longford

Other health services

Cavan General Hospital	**049 437 6607**
Portiuncula University Hospital	**090 964 8200**
Regional Hospital Mullingar Injury Unit	**044 938 5331**
Roscommon Injury Unit	**090 663 2212**

Walk-in services without a phone number: see prepared.ie/longford

Community help

Longford Civil Defence	**087 622 8567**
Irish Red Cross	**01 642 4600**

First five power-cut jobs

- ☐ Find your torch.
- ☐ Check PowerCheck. If your outage is not on PowerCheck, report it to ESB Networks.
- ☐ Switch off appliances that could be dangerous when power returns.
- ☐ Leave one light switched on.
- ☐ Fridge and freezer shut.

Your own numbers

Neighbour

Relative

GP

Pharmacy

Electricity supplier

MPRN

Eircode

Medicines list kept at