Laois

Laois

Keep this by the phone

112 or 999

112 and 999 are free from any phone. Say where you are. Give your Eircode if you have one.

Power, gas and water

ESB Networks	**1800 372 999**
Gas Networks Ireland	**1800 20 50 50**
Uisce Éireann	**1800 278 278**

Walk-in services without a phone number: see prepared.ie/laois

Council

Laois County Council	**057 866 4000**

Hospital emergency departments

Midland Regional Hospital Portlaoise	**057 869 6035**

Out-of-hours GP

MIDOC Laois	**1800 302 702**

Gardaí

Portlaoise	**057 867 4112** **057 867 4100**
Portlaoise	**057 867 4100**
Abbeyleix	**057 873 0580**
Portarlington	**057 862 3112**

Walk-in services without a phone number: see prepared.ie/laois

Other health services

Naas Hospital Injury Unit	**045 872 135**

Walk-in services without a phone number: see prepared.ie/laois

Community help

Laois Civil Defence	**057 866 4106**
Irish Red Cross	**01 642 4600**

First five power-cut jobs

- ☐ Find your torch.
- ☐ Check PowerCheck. If your outage is not on PowerCheck, report it to ESB Networks.
- ☐ Switch off appliances that could be dangerous when power returns.
- ☐ Leave one light switched on.
- ☐ Fridge and freezer shut.

Your own numbers

Neighbour

Relative

GP

Pharmacy

Electricity supplier

MPRN

Eircode

Medicines list kept at